

ITC Level 3 Certificate for FOREST SCHOOL LEADERS



ASSOCIAÇÃO
ESCOLA DA FLORESTA
FOREST SCHOOL PORTUGAL



associacao.escoladafloresta@gmail.com

Who is the ITC Level 3 Certificate for Forest School Leaders for

The Level 3 Certificate for Forest School Leaders is for people who understand the importance of play and the outdoors for children's health and wellbeing and capacity to learn. Also, that giving children opportunities to experience nature is a prerequisite for caring for nature.

The course is suitable for Teachers, Health workers, Youth workers, Ecologists & Teaching assistants with significant experience with young people or adults (at least two years).

All participants are required to have an English level that allows them to understand, discuss and write their paperwork.

All participants must be DBS checked and hold an outdoors paediatric first aid certificate by the end of the training.



How the training works

Your training will take place across seasons so that you can experience nature throughout the year. It consists of 9 practical days trainings in the woods and 1 day online (4 separate webinar sessions).

During the course, you will complete:

- Written work including short assignments
- Risk assessments and health and safety policies
- Practical demonstrations
- A pilot programme designed, run and assessed by you
- Take part in group discussions



What you will learn

The ITC Level 3 Certificate for Forest School Leaders equips you to provide a safe, fun and professional experience for young people outdoors. It gives you all the practical and planning skills you need to run a Forest School:

- Child development theory
- Observation and listening to children
- The benefits of the outdoors and play
- How to create your Forest School handbook
- Woodland stewardship and management



The course will inspire both you and your groups to be curious about life, learning and nature.



2025 Course Dates

In the woods:

Part 1: 5th, 6th, 7th, 8th & 9th February

Part 2: 12th & 13th April

Part 3: 21st & 22nd June

9.00am to 5.00pm

Ericeira & Loures, Portugal

Webinars:

(#1) 29th January, 6.00pm - 7.00pm

(#2) 19th February, 5.30pm - 7.00pm

(#3) 19th March, 5.30pm - 7.00pm

(#4) 2nd July, 5.30pm - 7.00pm

Cost: 1,200€

Your facilitators



Marina Robb is Founder and Managing Director of Circle of Life Rediscovery CIC and The Outdoor Teacher Ltd.

She is a leading author and practitioner in the Outdoor sector, an international trainer in the design and delivery of nature-based experiences and an advocate for the integration of environmental education and health and well-being services.

She is co-author of 'Learning with Nature', considered a must-have book for Forest School & Outdoor practitioners and 'The Essential Guide to Forest School and Nature Pedagogy'.

Débora Tavares is Founder and Vice-President of Associação Escola da Floresta - Forest School Portugal and Founder of Asas - crescer na floresta, a Forest kindergarten.

She is a Forest School Leader since 2017 and has been organising Forest School trainings since 2018 and working as a assistant trainer since 2019.



Your facilitators



Margarida Pedrosa is Founder and President of Associação Escola da Floresta - Forest School Portugal and Founder and Forest School Leader in Caminhos da Floresta.

She is an Environmental Engineer with a wide experience in training adults, Health & Safety and Nature tourism. She is a Forest School Leader since 2017 and has been organising Forest School trainings and working as a assistant trainer since 2019.

Raul Correia is Founder and Forest School Leader in Tribo Terra since 2019.

He has a wide experience working with people of all ages as a social worker and trainer. He has also been a Manager of environmental and theater associations. For six years he lived in the UK, where he came in contact with Forest School and got his Forest School Leader certificate.

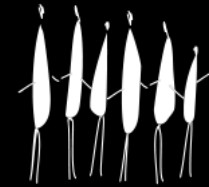


Associação Escola da Floresta - Forest School Portugal

(AEF) was created in 2017 aiming to bring Forest School to Portugal. AEF aims to train qualified Forest School practitioners and support the creation of Forest School programmes in Portugal, as well as raising awareness of the benefits of the outdoors and nature. It counts with around 40 associates, mainly Forest School practitioners.

Circle of Life Rediscovery (CLR) Community Interest Company, was created in 2007 aiming to transform education and health through nature. CLR founder and managing director Marina Robb is a FSA Endorsed Forest School trainer.

Recognised certification, approved by the Forest School Association and awarded by **ITC First.**



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Testimonials

Participar nesta formação forest school, foi pessoalmente e profissionalmente enriquecedor.

Adoro estudar e conhecer novas abordagens educativas que pessoalmente e profissionalmente me façam sentido – e esta faz!

Senti-me especialmente encantada com as aprendizagens na floresta e muito desafiada e empoderada nas minhas competências físicas. Também no contexto natural, foi especial para mim a conexão que estabeleci com todos os seres (humanos e não humanos) – pois permitiram-me fruir, questionar, refletir e aprender com todas as suas contribuições, características e singularidades educadoras!

Um bem-haja a todos os que proporcionaram esta formação.

CLEMENTINA

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Este curso é exigente em termos de trabalho autónomo mas o desafio é compensador. A parte presencial foi muito inspiradora, mesmo com as adaptações necessárias face à conjuntura mundial. Os professores mostraram grande capacidade de resiliência e responsabilidade, ao mesmo tempo. Quer os do Reino Unido, quer as pessoas da Associação Escola da Floresta - Forest School Portugal.

Tanto uns como outros, sempre mostraram inteira disponibilidade para apoiar os alunos, responder a dúvidas e motivar-nos.

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O esforço, a dedicação, a prontidão foram notórios. A responsividade, em termos de tempo de reacção, foi acima da minha expectativa. Senti que a interligação entre os professores do Reino Unido e as pessoas da Associação (Débora e Margarida), que muito nos apoiaram, foi nutrida e harmoniosa. Gerou-se uma pequena comunidade funcional, perante a distância física e todos os desafios do momento. Todos reagiram bastante rápido às solicitações dos alunos e com qualidade de resposta. Bem como fomentaram, com persistência, a cooperação entre o grupo. Senti, também, uma preocupação quanto ao fornecimento de bibliografia. Bem como em trazer mais simplicidade ao que possa parecer complicado, no que respeita ao trabalho final escrito. Há um bom equilíbrio entre descontração, diversão, exigência e responsabilidade. Seja a nível presencial, seja a nível de tutoria à distância.

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A formação certificada em Forest School Leader foi determinante para o meu percurso profissional. Deu-me ferramentas, tanto do ponto de vista teórico como prático, para conseguir implementar o meu projeto Forest School de uma forma segura e pedagogicamente credível.

A formação conta com excelentes profissionais que conseguem passar a essência do modelo, potenciando nos formandos um enorme respeito pela criança e pelas suas necessidades.

É uma formação transformadora!

ANA GALVÃO, Educadora de Infância, Diretora Pedagógica da ESCOLA LÁ FORA

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Sinto que terei sempre um apoio e uma comunidade pronta a colaborar no futuro. Que o vínculo vai além do tempo de curso, se assim o desejar e se o nutrir.

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Enrolments and more information: associacao.escoladafloresta@gmail.com

