




## Embodiment- Projection- Role -Dr Sue Jennings

EPR creates the core attachment between mother and infant and forms a basis of identity and independence. Dr Jennings believes the process of EPR is essential for a child's healthy maturation. Below gives information about each stage of this model.

Developmental Stage	Linked to Guy Claxton's 4 R's of Learning	Positive	Negative
<p><b>EMBODIMENT STAGE</b> 0-2 years</p> <p>(explore, engage) Non verbal</p> 	<p><b>RESILIANCE</b></p> <p>Being ready and willing Absorption and flow Managing distractions Noticing - "sensing" what is out there Perseverance Tolerating the feelings of learning</p>	<p>Excited to explore using senses Curious confident</p>	<p>Immense insecurity Lack sensory experience Lack of belief Won't try Cautious</p>
<p><b>PROJECTIVE STAGE</b> 3-5 years</p> <p>(construct change, experiment) Verbal stage</p> 	<p><b>RESOURCEFULNESS</b></p> <p>Being ready and willing to learn in different ways Questioning Making links and seeking meaning Imagining Reasoning Capitalising</p>	<p>Self control Sense of identity The feeling of power to change Independence Problem solver Can self regulate Child resilience</p>	<p>"I cant do it, I'm rubbish" Fight freeze flight Useless Seeks attention Needs lots of support</p>
<p><b>ROLE PLAY STAGE</b> 5-7 years</p> <p>(pretend, imagine, fantasy)</p> 	<p><b>REFLECTIVNESS/ RECIPROCITY</b></p> <p>Being ready and willing to become strategic about learning Planning Revising Drawing out lessons from experience Understanding yourself as a learner Sociability Collaboration Empathy and listening Imitation</p>	<p>Explore other ways Ability to empathise Optimism Positive outlook Develops imagination Move from everyday reality to dramatic reality and back again Develops conflict resolution Develops flexibility Enter the social world</p>	<p>Not being able to team play Disruptive Withdrawn Extremes Almost depressed</p>