

Learning Styles



VISUAL

These people will notice colours and shapes before anything else – often distracted by movement. They will use the phrase “do you see what I mean?”

AUDIO

These people will often be self-talkers and pick up tunes and melodies easily – often distracted by sound. They will use the phrase, “do you hear what I am saying?”



TACTILE

These people often fiddle and touch things, textures etc. They often do this to help them concentrate. To prevent them reduces their ability. They will use the phrase, “how does that feel?”

KINAESTHETIC

These people are the constant movers. They have a problem sitting still and remember best through movement and actions. They will use the phrase, “does that make sense?”



NB 38% of any group has a tactile/kinaesthetic preference.

73% of teachers are visual/audio learners...

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