## Sample Weather Policy

We always aim to be outside as much as possible. Staff will be checking the weather forecast prior to the session and will make a decision accordingly.

We will to aim to have access to a sheltered space when possible where children can be warm and dry. Please see clothing policy.

In the case of torrential rain which is set to last a while, the session may be cancelled by the forest school facilitator at the earliest opportunity.

We follow the Beaufort Scale to decide whether we the session is safe to go ahead in windy conditions. We cancel all sessions if the wind is above Force 7 ( $32-35$ miles an hour).

However in most cases the session will not go ahead if Force 6 or above. The final decision is made by the facilitator who knows their site specifics and factors e.g age of trees, if trees are in leaf, if there are any overhanging branches and type of tree (Horse Chestnut and Beech) .

| Force | What it looks like | What it's called | Wind speed |
| :--- | :--- | :--- | :--- |
| 0 | Smoke rises straight up | Calm | 0 mph |
| 1 | Smoke drifts, indicating wind <br> direction | Light air | $1-3 \mathrm{mph}$ |
| 2 | Leaves rustle; weathervanes move | Light breeze | $4-7 \mathrm{mph}$ |
| 3 | Leaves and twigs move | Gentle breeze | $8-12 \mathrm{mph}$ |
| 4 | Branches move; flags flap | Moderate breeze | $13-18 \mathrm{mph}$ |
| 5 | Small trees sway; whitecaps on <br> water | Fresh breeze | $19-24 \mathrm{mph}$ |
| 6 | Large branches move; flags beat | Strong breeze | $25-31 \mathrm{mph}$ |
| 7 | Whole trees move; flags extend | Near gale | $32-38 \mathrm{mph}$ |
| 8 | Twigs break; walking is hard | Fresh gale | $39-46 \mathrm{mph}$ |
| 9 | Signs blow down; slate blows off <br> roof | Strong gale | $47-54 \mathrm{mph}$ |
| 10 | Trees uproot | Whole gale | $55-63 \mathrm{mph}$ |
| 11 | Much general damage | Storm | $64-72 \mathrm{mph}$ |
| 12 | Widespread destruction | Hurricane | $72+\mathrm{mph}$ |

## Thunder and Lightening

If possible walk to nearest vehicles or modern buildings. There are four actions that can reduce your lightening risk:

- There is rarely a freak or surprise storm, so plan well and leave time to get to shelter. If the sound travels a mile every 5 seconds. If the length between the lightning flash and the sound of thunder is 30 seconds in length or less (ie. less than 6 miles away) you should seek shelter immediately.
- If you are exposed to the elements with nowhere to shelter try to make yourself as small as possible by crouching down with your feet together, hands on knees and head tucked in. This technique keeps as much of you off the ground as possible as lightning will not necessary target the highest object in an area, but the object providing a path with the least resistant to ground. if you have foam pad to stand on or pack to sit on do
it. Aim is to reduce your overall footprint to the ground. Try to do this in an area that provides the best protection for you. Lying flat increases the risk of ground current.
- Move away from wide open spaces or exposed hilltops. Wide open ground offers high exposure to lightening.
- Do NOT stand under tall or isolated trees. It has been estimated that $25 \%$ of people struck by lightning were so as a result of taking shelter under these types of trees. Trees contain about 20\% moisture content compared with humans who have a $65 \%$ moisture content. As lightning always takes the path of least resistance, you may become that path for any lightning jumps or radial energy from a strike.

In some cases the school will be asked to make provision for an indoor space where naturebased activities may be carried out recurring unmanageable weather.

If a session needs to be cancelled every attempt will be made to reschedule this session.
In the case of extreme heat, children will be encouraged to drink plenty of water, wear suitable clothing, seek shelter from the sun when necessary and staff will monitor the situation.

