

**Circle of Life Training Reading List for Forest School Programme Leadership OCNWMR Level 3 Training**

Please only use this as a reference to support your learning in specific areas.

**Highly Recommended**

Cree J; Robb M (2021) *The Essential Guide to Forest School and Nature Pedagogy*. Routledge. **(via www.theoutdoorteacher.com website)**

Palmer S, (2016) *Upstart, The case for raising the school starting age and providing what under-sevens really need.* Edinburgh. Floris Books.

Claxton, G., (2002) *Building Learning Power,* Bristol, TLO

Cornell, J. (1989) *Sharing Nature with Children II,* Nevada City: Dawn Publications

Gill, T., (2008) *No Fear: Growing Up in a Risk Averse Society* London: Calouste Gulbenkian

Knight, S. (2009) *Forest Schools and Outdoor Learning in the Early Years*, London: Sage (becoming out of date)

Louv, R., (2008) *Last Child in the Woods: Saving our Children from Nature Deficit Disorder* Chapel Hill, North Carolina: Algonquin

Schofield, J., & Danks, F., (2009) *Go Wild! 101 things to do outdoors before you grow up*, London: Francis Lincoln

Robb, M; Mew, V; Richardson, A (2015) *Learning with Nature: A how to guide to inspiring children through outdoor games and activities,* Cambridge: Green Books **(via www.theoutdoorteacher.com website!)**

Young, J., Haas, E., and McGown E., (2010) *Coyote’s Guide to Connecting to Nature,* Washington: Owlink Media

**Outdoor play and early years**

White J (2007) *Playing and Learning Outdoors: Making provision for high quality experiences in the outdoor environment.*

Perry, E (2014) *Making Sense of Play: Supporting Children in their play.* Open University Press. UK

Bruce T (2001) *Learning through Play.* [For Babies, Toddlers and Young Children (Introduction to Child Care)](https://www.amazon.co.uk/Learning-Through-Play-Toddlers-Introduction/dp/1444137166/ref=sr_1_2?s=dmusic&ie=UTF8&qid=1316599389&sr=1-2) Hodder Education.

Bentley T. (1998) *Learning Beyond the Classroom*. London: Routledge. Ebrary [online] Available from <http://site.ebrary.com/lib/chiuni>

Bruce, T. (2004) *Time to Play in Early Childhood Education*. London: Hodder & Stoughton

Tovey, H. (2007) *Playing Outdoors*. Buckingham: Open University Press. Ebrary [online] Available from <http://site.ebrary.com/lib/chiuni>

Department for Children, Schools and Families (DCSF) (2008) *The Early Years Foundation Stage: Setting the Standards for Learning, Development and Care for children from birth to five.* London: DCSF

Early Years Foundation Stage (EYFS) (2011) *The early learning goals* [online] <http://nationalstrategies.standards.dcsf.gov.uk/eyfs/site/requirements/learning/goals.htm> (Accessed 30/4/11)

Bilton, H. (2004) *Playing Outside: activities, ideas and inspiration for the early years,* London: David Fulton

Butterworth, N. (1993) *After the Storm,* London: Picture Lions

Garrick, R. (2009) *Playing Outdoors in the Early Years*, 2nd edition, London: Continuum

Guldenberg, H., (2009) *Reclaiming Childhood: freedom and play in an age of fear* Abingdon: Routledge

**Forest School, Nature and Environmental Education**

Knight, S. (2010) *Forest Schools and Outdoor Learning in the Early Years.* Sage Publications. London.

Knight S (2011) *Forest School for All*. Sage Publications. London.

Forest Schools (2011*) History of Forest Schools*. [online] <http://www.forestschools.com/history-of-forest-schools.php>

Forest Schools in Great Britain: an initial exploration. *Contemporary Issues in Early Childhood.* Volume 8, Number 4, 2007. pp.320-330

Swarbrick, N. Eastwood, G. & Tutton, K. (2004) Self-esteem and successful interaction as part of the forest school project. *Support for Learning* • Volume 19 • Number 3

M. (2005) *Environmental Education and Advocacy. Changing Perspectives of Ecology and Education*. Cambridge: Cambridge University Press.  
  
**Challenging behaviour**

Thacker; Strudwick & Babbedge (2002) Educating Children with emotional and behavioural difficulties. Routledge Falmer. London

Rosenberg M.B (2005) *Non-violent communication: A language of Life* . Puddle dancer Press.

**Learning and Development**

Claxton, G., (2002) *Building Learning Power,* Bristol, TLO

Lindenfield G (1994 ) Confident Children. Harper Collins.

Curtis. D; Carter, M (2012) *The Art of Awareness – how observation can transform your teaching.* Redleaf Press.

Hanscom, A, J (2016) *Balanced and Barefoot.* California. New Harbinger Publications.

Goleman, D (1995) *Emotional Intelligence.* Harper & Row. New York.

Lindon, J. (2011) *Too Safe for Their Own Good: helping children learn about risk and lifeskills****,*** 2nd edition, London: National Children’s Bureau

Pound, L. (2005) *How Children Learn*. London: Step Forward

Kolb, D. A. (1984) Experiential learning: experience as the source of learning and development. [online] <http://academic.regis.edu/ed205/Kolb.pdf>

Other ways of learning: Outdoor adventure education and experiential learning in school and youth work; European Congress for Outdoor Adventure Education and Experiential Learning, (4th : 2000 : Sweden).Germany: EOE Maynard, T. (2007)

Maude, P., (2001) *Physical Children, Active Learning: Investigating Physical Literacy,* Buckingham: OUP

Palmer, S., (2006) *Toxic Childhood: How the modern world is damaging our children and what we can do about it* London: Orion

Warden, C., (2007) *Nurture through Nature,* Auchterarder: Mindstretchers

Faber A; Mazlish E (2012) *How to talk so Kids will listen and listen so kids will talk.* Piccadilly Press. London

Selhub, E.M; Logan, A.C (2012) *Your Brain on Nature.* HarperCollins Canada

Hughes, B (2012) *Evolutionary Playwork.* Routledge*. Oxford*

**Therapeutic**

Siddons Heginworth I; Nash G (2020 ed) Environmental Arts Therapy. The wild frontiers of the heart. Routledge

Harper N; Rose K; Segal D (2019) Nature-based Therapy: A practitioners guide to working outdoors. New Society Publishers.

Van der Kolk B (2014) The Body Keeps the Score. Penguin publishers

Jordon M (2015) Nature and Therapy. Routledge

Duncan R (2018) Nature in Mind. Routledge

Treleaven D (2018) Trauma-sensitive Mindfulness. A Norton Professional Book

**Some story books that help to connect children to nature**

Shel Silverstein – The Giving Tree  
Alan Brown – Windhover  
Laurence Anholt – The Forgotten Forest  
Michael Rosen – We’ve going on a Bear Hunt  
Martin Waddell – The Big Big Sea  
Lynley Dodd – The Smallest Turtle  
Penny Dale – The Elephant Tree  
And many books by Nick Butterworth, Benedict Blathway, Arthur Ransome & Eoin Colfer

**Other**

Smith, L.T (1999) *Decolonising Methodologies: Research and Indigenous Peoples*. Zed Books Ltd. London & New York

<http://www.foresteducation.org/woodland_learning/forest_schools/forest_school_quality_improvement_framework/>

**Practical**

Cornell, J. (1998) *Sharing Nature with Children: the classic parents' and teachers' nature awareness guidebook*, Nevada City: Dawn Publications

Mears R (1992 ) *The complete Outdoor Handbook.* Rider & Co.

Phillips R (1977) *Wild Flowers of Britain.* Pan Book. London

Bruton - Seal & Seal (2009) *Hedgerow Medicine*. Merlin Unwin Books Ltd, Ludlow

Hofmann H (1995) *Wild Animals of Britain and Europe*. Harper Collins. Munich

Johnson O (2004) Tree Guide. Harper Collins. London

Montgomery D (2000) Native American Crafts and Skills. The Lions Press.

Smity A (1996) Accelerated Learning in the Classroom. Network Educational Press Ltd. Stafford.

[http://books.hse.gov.uk/hse/public/saleproduct.jsf?catalogueCode=9780717626038](http://books.hse.gov.uk/hse/public/saleproduct.jsf?catalogueCode=9780717626038" \t "_blank)    To purchase an accident book- you should have one of these.

[http://www.hse.gov.uk/pubns/indg163.pdf](http://www.hse.gov.uk/pubns/indg163.pdf" \t "_blank)   5 steps to risk assessment – what they must include.

[http://www.hse.gov.uk/riddor/index.htm](http://www.hse.gov.uk/riddor/index.htm" \t "_blank)   RIDDOR 1995 Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995

[http://www.hse.gov.uk/pubns/afag802.pdf](http://www.hse.gov.uk/pubns/afag802.pdf" \t "_blank)  Emergency planning leaflet with requirements.

*Pocket Nature Wildlife of Britain* (2009) Dorley Kindersley. London

Olsen L.H; Sunesen J; Pedersen B.V (2001) *Small Woodland Creatures*. Oxford University Press.

Bang P (2001) *Animal Tracks and Signs* (2001) Oxford University Press.

Korchanski M (1987) *Bushcraft – Outdoor Skills & Wilderness Survival*. Lone Pine Publishing.

Harrap, S., *RSPB Pocket Guide to British Birds,* London: Helm

Mabey ,R., *Food for Free,* London: HarperCollins (especially the introduction)

Sterry, P., *Complete Guide to British Trees,* London: HarperCollins

Sterry, P., *Complete Guide to British Wildlife,* London: HarperCollins

Harding, P., Lyon, T., Tomblin, G., *How to identify edible mushrooms*

Gardweidner, E., *Mushrooms and Toadstools of Britain & Europe*

Perring, F., and Walters, M., *British Wildflowers*

Aas, G., Riedmiller, A., *Trees of Britain & Europe*

Bang, P., Dahlstrom, P., Animal Tracks and Signs

[Mears, R. (2005)](http://wv-colchester.hostedbyfdi.net/webview/?oid=340986" \t "_blank) *[Bushcraft Survival,](http://wv-colchester.hostedbyfdi.net/webview/?oid=340986" \t "_blank)* [London: Hodder & Stoughton](http://wv-colchester.hostedbyfdi.net/webview/?oid=340986" \t "_blank)

Cornell, J. (1989) *Sharing Nature with Children II,* Nevada City: Dawn Publications

Holland, C., (2009) *I love my World* Otterton: Wholeland

Schofield, J., & Danks, F., (2009) *Go Wild! 101 things to do outdoors before you grow up*, London: Francis Lincoln

**Websites**

[www.circleofliferediscovery.com](http://www.circleofliferediscovery.com)

www.theoutdoorteacher.com

[www.jabadao.org](http://www.jabadao.org)

[www.playengland.org](http://www.playengland.org)

<http://loveoutdoorplay.net/>

www.yourbrainonnature.com

[www.learning-theories.com](http://www.learning-theories.com)

[www.8shields.com](http://www.8shields.com)

[www.learning-theories.com](http://www.learning-theories.com)

**also, you might like to have a look at…**

[BTCV handbooks from BTCV, 36 St Mary’s Street, Wallingford, OX10 0EU](http://www.btcv.org/" \t "_blank)

[Mindstretchers Catalogue](http://www.mindstretchers.co.uk/" \t "_blank), [Muddy Puddles Catalogue](http://www.muddypuddles.com/" \t "_blank), [Raindrops Catalogue](http://www.raindrops.co.uk/" \t "_blank)

**Video Links for Forest school:**

Teachers TV - Outdoor Learning with Forest School

<http://youtu.be/tjzFfU43wuQ>

Neroche Forest School

<http://youtu.be/o8sj1HrZ7Nk>

**CLR You Tube Video Links:**

Amy’s story:[https://www.youtube.com/watch?v=Vb-QQ9TJAG4](https://www.youtube.com/watch?v=Vb-QQ9TJAG4" \t "_blank)  
Zeb’s story: [https://www.youtube.com/watch?v=FHPpKpxzRJg](https://www.youtube.com/watch?v=FHPpKpxzRJg" \t "_blank)