**Unit 4: Planning and Preparation**

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| Learning outcomes | **Notes, Reading and References** |
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| 1. Understand the development of Forest School. | * History of FS (online resource)

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| * For FS history see <http://www.forestschoolassociation.org/history-of-forest-school>and look at the articles on this website
* Murray, R and O’Brien L (2005) ‘*Such enthusiasm – a joy to see’: An evaluation of Forest School in England*. www.forestresearch.gov.uk/website/forestresearch.nsf/ByUnique/INFD-6HKEMH and follow up in 2007 on www.sciencedirect.com
* Borradaile, L (2006) *Forest School Scotland: An Evaluation*. Forestry Commission Scotland and Forest Education Initiative Scotland. http://www.forestry.gov.uk/forestry/INFD-6CJDGL
* Massey, S (2002) The benefits of the forest school experience for children in early years see

http://www.worcestershire.gov.uk/cms/pdf/Worcs%20Forest%20School%20Research%20Academic%20Journal.pdf * Lovell, R (2009) Physical Activity at Forest School. http://www.ltscotland.org.uk/Images/Physical%20Activity%20at%20Forest%20school\_tcm4-597067.pdf
* Wales FC research summary http://www.forestry.gov.uk/forestry/INFD-8PKKXQ
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| 2. Be able to manage the ecological impact of a Forest School programme. | * Forestry Commission Practice guides
* Sylva online woodland management toolkit see http://sylva.org.uk/myforest

**Online resources:*** [3 Year Woodland Management Session Plan](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/3-Year-Woodland-Management-Session-Plan.pdf%22%20%5Ct%20%22_blank)
* [12 Steps to Making a Woodland Plan](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/12-steps-to-making-a-woodland-plan.pdf%22%20%5Ct%20%22_blank)
* [Environmental Impact Template](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/Environmental-Impact-Template.pdf%22%20%5Ct%20%22_blank)
* [My Forest Education Site Survey Form](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/my-forest-education-site-survey-form.pdf%22%20%5Ct%20%22_blank)
* [Woodland Legislation](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/woodland-legislation.pdf%22%20%5Ct%20%22_blank)
* [Coppicing, Pruning, Thinning & Pollarding](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/Coppicing-Pruning-Thinning-Pollarding-1.pdf%22%20%5Ct%20%22_blank)
* [Monitoring Forest School Sites](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/monitoring-forest-school-sites1.pdf%22%20%5Ct%20%22_blank)
* [Management Plan Template](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/management-plan-template.pdf%22%20%5Ct%20%22_blank)
* [MGM Plan Handout](https://circleoflifetraining.com/wordpress/wp-content/uploads/2017/12/mgm-plan-handout.pdf%22%20%5Ct%20%22_blank)
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| 3. Be able to develop the underpinning documents required for a Forest School programme.  | * Health and Safety at Work Act, RIDDOR & COSHH & PPE: <https://www.hse.gov.uk/pubns/regindex.htm>
* HSE in the workplace – risk management <https://www.hse.gov.uk/risk/index.htm> and <https://www.hse.gov.uk/pubns/indg163.pdf>

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| * Nothing ventured Tim Gill <https://rethinkingchildhood.com/>
* For detailed guidance on risk assessments see <http://www.outdooreducationadvisers.co.uk/>
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| 4. Be able to plan a Forest School programme in line with the Forest School ethos and principles. |  |
| **Useful resources*** <http://www.acewild.eu/>A European website with a number of observation and evaluative tools from simple to quite detailed, including PEMS, SDQ etc
* [www.theoutdoorteacher.com](http://www.theoutdoorteacher.com)Online Forest School Activities Course, Webinars and downloadable curriculum links.
* Westall, D and Walmsley, N (2018) Forest School Adventure: Outdoor Skills and Play for Children. GMC publications. This is a good book for inspiration when planning sessions
* Curtis, D and Carter, M (2013) The Art of Awareness – how observation can transform your teaching. Redleaf Press. An excellent book on observation with some useful exercises.
* [www.forestschooled.com](http://www.forestschooled.com) an excellent blog about Forest School by Caylin Gans – a real deep dive into what being a reflective practitioner means with lots of examples of practise
* [www.kindlingplay.co.uk](http://www.kindlingplay.co.uk) this is another good resource, especially Lily Horseman’s blog on this site with lots of useful tips for practitioners.
* <https://www.owlscotland.org/> The main website and network for supporting outdoor learning in Scotland – this site has lots of useful resources on it – from policy and procedural documents through to lots of useful ‘activities’ and support for programmes like Forest School. For Scottish networks and ‘care’ guidance in the outdoors also see <https://www.playscotland.org/world-ourdoors/>
* <https://www.outdoorlearningwales.org/> The main outdoor learning Wales website useful for resources and networks ‘alive’ in Wales
* <https://www.lotc.org.uk/> Council for learning Outside the Classroom. One of the main ‘go to’ websites for supporting schools with outdoor learning..lots of updates on government and national policy, outdoor learning resources and accreditation schemes
* <https://www.outdoor-learning.org/> the Institute for Outdoor Learning is the UK umbrella body for all ty pes of outdoor learning with many resources and trainings relating to outdoor learning provision.
* <https://www.forestschoolassociation.org/forest-school-knowledge-base/> The Forest School Association provide lots of advice on establishing Forest School, including resources on the website, and a provider endorsement scheme.
* <https://naturenet.net/index.php> For easy to use and read information on protected species and good woodland/countryside management advice and resources
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