



Circle of Life Rediscovery Reading List for Forest School Programme Leadership OCNWMR Level 3 Training

Please only use this as a reference to support your learning in specific areas.

Highly Recommended

Cree J; Robb M (2021) *The Essential Guide to Forest School and Nature Pedagogy*. Routledge. **(via www.theoutdoorteacher.com website)**

Robb, M; Mew, V; Richardson, A (2015) *Learning with Nature: A how to guide to inspiring children through outdoor games and activities*, Cambridge: Green Books **(via www.theoutdoorteacher.com website!)**

Palmer S, (2016) *Upstart, The case for raising the school starting age and providing what under-sevens really need*. Edinburgh. Floris Books.

Claxton, G., (2002) *Building Learning Power*, Bristol, TLO

Cornell, J. (1989) *Sharing Nature with Children II*, Nevada City: Dawn Publications

Gill, T., (2008) *No Fear: Growing Up in a Risk Averse Society* London: Calouste Gulbenkian

Knight, S. (2009) *Forest Schools and Outdoor Learning in the Early Years*, London: Sage (becoming out of date)

Louv, R., (2008) *Last Child in the Woods: Saving our Children from Nature Deficit Disorder* Chapel Hill, North Carolina: Algonquin

Schofield, J., & Danks, F., (2009) *Go Wild! 101 things to do outdoors before you grow up*, London: Francis Lincoln

Young, J., Haas, E., and McGown E., (2010) *Coyote's Guide to Connecting to Nature*, Washington: Owl Link Media

Sobel, D (2008) *Childhood & Nature: Design Principles for Educators*.

Outdoor play and early years

White J (2007) *Playing and Learning Outdoors: Making provision for high quality experiences in the outdoor environment*.

Every Child A Mover: a practical guide to providing young children with the physical opportunities they need Jan White (Early Education 2015) – full of colour photographs and very useful for considering how to emphasise opportunity and freedom for whole body movement in the outdoor environment [Nursery World Award winner 2016].

Perry, E (2014) *Making Sense of Play: Supporting Children in their play*. Open University Press. UK

Bruce T (2001) *Learning through Play. For Babies, Toddlers and Young Children (Introduction to Child Care)* Hodder Education.

Bentley T. (1998) *Learning Beyond the Classroom*. London: Routledge. Ebrary [online] Available from <http://site.ebrary.com/lib/chiuni>

Bruce, T. (2004) *Time to Play in Early Childhood Education*. London: Hodder & Stoughton

Tovey, H. (2007) *Playing Outdoors*. Buckingham: Open University Press. Ebrary [online] Available from <http://site.ebrary.com/lib/chiuni>

Department for Children, Schools and Families (DCSF) (2008) *The Early Years Foundation Stage: Setting the Standards for Learning, Development and Care for children from birth to five*. London: DCSF

Bilton, H. (2004) *Playing Outside: activities, ideas and inspiration for the early years*, London: David Fulton

Butterworth, N. (1993) *After the Storm*, London: Picture Lions

Garrick, R. (2009) *Playing Outdoors in the Early Years*, 2nd edition, London: Continuum

Guldenberg, H., (2009) *Reclaiming Childhood: freedom and play in an age of fear* Abingdon: Routledge

Palmer S, (Ed) *Play is the Way*

Goddard-Blythe, S (2011) *The Genius of Natural Childhood - Secrets of Thriving Children*

Lucas. B & Spencer E (2020) *Zest for Learning - Developing curious learners who relish real-world challenges*

Forest School, Nature and Environmental Education

Knight, S. (2010) *Forest Schools and Outdoor Learning in the Early Years*. Sage Publications. London.

Knight S (2011) *Forest School for All*. Sage Publications. London.

Forest Schools (2011) *History of Forest Schools*. [online] <http://www.forestschoools.com/history-of-forest-schools.php>

Forest Schools in Great Britain: an initial exploration. *Contemporary Issues in Early Childhood*. Volume 8, Number 4, 2007. pp.320-330

Swarbrick, N. Eastwood, G. & Tutton, K. (2004) Self-esteem and successful interaction as part of the forest school project. *Support for Learning* • Volume 19 • Number 3

Harding, N (2021) *Growing a Forest School from The Roots Up*

Reframing behaviour and needs

Thacker; Strudwick & Babbedge (2002) *Educating Children with emotional and behavioural difficulties*. Routledge Falmer. London

Rosenberg M.B (2005) *Non-violent communication: A language of Life* . Puddle dancer Press.

Kohn, A (1992) *Punished by Rewards* – the trouble with gold stars, incentive plans, As, praise and other bribes.

Sheldon, A (2021) *Why Weren't We Taught This at School? The surprisingly simple secret to transforming life's challenges*

Learning and Development

Claxton, G., (2002) *Building Learning Power*, Bristol, TLO

Lindenfield G (1994) *Confident Children*. Harper Collins.

Curtis. D; Carter, M (2012) *The Art of Awareness – how observation can transform your teaching*. Redleaf Press.

Else. P (2014) *Making Sense of Play: Supporting Children in their Play*.

Hanscom, A, J (2016) *Balanced and Barefoot*. California. New Harbinger Publications.

Goleman, D (1995) *Emotional Intelligence*. Harper & Row. New York.

Lindon, J. (2011) *Too Safe for Their Own Good: helping children learn about risk and lifeskills*, 2nd edition, London: National Children's Bureau

Pound, L. (2005) *How Children Learn*. London: Step Forward

Kolb, D. A. (1984) *Experiential learning: experience as the source of learning and development*. [online] <http://academic.regis.edu/ed205/Kolb.pdf>

Other ways of learning: Outdoor adventure education and experiential learning in school and youth work; European Congress for Outdoor Adventure Education and Experiential Learning, (4th : 2000 : Sweden). Germany: EOE Maynard, T. (2007)

Maude, P., (2001) *Physical Children, Active Learning: Investigating Physical Literacy*, Buckingham: OUP

Palmer, S., (2006) *Toxic Childhood: How the modern world is damaging our children and what we can do about it* London: Orion

Warden, C., (2007) *Nurture through Nature*, Auchterarder: Mindstretchers

Faber A; Mazlish E (2012) *How to talk so Kids will listen and listen so kids will talk*. Piccadilly Press. London

Selhub, E.M; Logan, A.C (2012) *Your Brain on Nature*. HarperCollins Canada

Hughes, B (2012) *Evolutionary Playwork*. Routledge. Oxford

Too Safe For Their Own Good? helping children learn about risk and life-skills Jennie Lindon (2nd edition, National Children's Bureau 2011) – core and accessible text for thinking about risk and safety in early childhood practice.

Therapeutic

Siddons Heginworth I; Nash G (2020 ed) *Environmental Arts Therapy. The wild frontiers of the heart*. Routledge

Harper N; Rose K; Segal D (2019) *Nature-based Therapy: A practitioners guide to working outdoors*. New Society Publishers.

Van der Kolk B (2014) *The Body Keeps the Score*. Penguin publishers

Jordon M (2015) *Nature and Therapy*. Routledge

Duncan R (2018) *Nature in Mind*. Routledge

Treleaven D (2018) *Trauma-sensitive Mindfulness*. A Norton Professional Book

James, M (2018) Forest school and autism: a practical guide.

Some story books that help to connect children to nature

Shel Silverstein – The Giving Tree

Alan Brown – Windhover

Laurence Anholt – The Forgotten Forest

Michael Rosen – We've going on a Bear Hunt

Martin Waddell – The Big Big Sea

Lynley Dodd – The Smallest Turtle

Penny Dale – The Elephant Tree

And many books by Nick Butterworth, Benedict Blathway, Arthur Ransome & Eoin Colfer

Other

Smith, L.T (1999) *Decolonising Methodologies: Research and Indigenous Peoples*. Zed Books Ltd. London & New York

http://www.foresteducation.org/woodland_learning/forest_schools/forest_school_quality_improvement_framework/

Nothing ventured by Tim Gill 2010 available: 'Nothing Ventured'

- <https://www.englishoutdoorcouncil.org/wp-content/uploads/Nothing-Ventured.pdf>

Practical

Cornell, J. (1998) *Sharing Nature with Children: the classic parents' and teachers' nature awareness guidebook*, Nevada City: Dawn Publications

Mears R (1992) *The complete Outdoor Handbook*. Rider & Co.

Phillips R (1977) *Wild Flowers of Britain*. Pan Book. London

Bruton - Seal & Seal (2009) *Hedgerow Medicine*. Merlin Unwin Books Ltd, Ludlow

Hofmann H (1995) *Wild Animals of Britain and Europe*. Harper Collins. Munich

Johnson O (2004) Tree Guide. Harper Collins. London

Woodland conservation handbook by TCV available: <https://conservationhandbooks.com/woodlands/>

Toolcare conservation handbook by TCV available: <https://conservationhandbooks.com/toolcare/>

Montgomery D (2000) Native American Crafts and Skills. The Lions Press.

Smity A (1996) Accelerated Learning in the Classroom. Network Educational Press Ltd. Stafford.

<http://books.hse.gov.uk/hse/public/saleproduct.jsf?catalogueCode=9780717626038> To purchase an accident book- you should have one of these.

<http://www.hse.gov.uk/pubns/indg163.pdf> 5 steps to risk assessment – what they must include.

<http://www.hse.gov.uk/riddor/index.htm> RIDDOR 1995 Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995

<http://www.hse.gov.uk/pubns/afag802.pdf> Emergency planning leaflet with requirements.

Pocket Nature Wildlife of Britain (2009) Dorley Kindersley. London

Olsen L.H; Sunesen J; Pedersen B.V (2001) *Small Woodland Creatures*. Oxford University Press.

Bang P (2001) *Animal Tracks and Signs* (2001) Oxford University Press.

Korchanski M (1987) *Bushcraft – Outdoor Skills & Wilderness Survival*. Lone Pine Publishing.

Harrap, S., *RSPB Pocket Guide to British Birds*, London: Helm

Mabey ,R., *Food for Free*, London: HarperCollins (especially the introduction)

Sterry, P., *Complete Guide to British Trees*, London: HarperCollins

Sterry, P., *Complete Guide to British Wildlife*, London: HarperCollins

Harding, P., Lyon, T., Tomblin, G., *How to identify edible mushrooms*

Gardweidner, E., *Mushrooms and Toadstools of Britain & Europe*

Perring, F., and Walters, M., *British Wildflowers*

Aas, G., Riedmiller, A., *Trees of Britain & Europe*

Bang, P., Dahlstrom, P., *Animal Tracks and Signs*

Mears, R. (2005) *Bushcraft Survival*, London: Hodder & Stoughton

Cornell, J. (1989) *Sharing Nature with Children II*, Nevada City: Dawn Publications

Holland, C., (2009) *I love my World* Otterton: Wholeland

Schofield, J., & Danks, F., (2009) *Go Wild! 101 things to do outdoors before you grow up*, London: Francis Lincoln

Nozedar, A (2018) *Foraging with Kids: 52 Wild and Free Edibles to Enjoy with Your Children*

Websites

www.circleofliferediscovery.com

www.theoutdoorteacher.com

www.jabadao.org

www.playengland.org

<http://loveoutdoorplay.net/>

www.yourbrainonnature.com

www.learning-theories.com

also, you might like to have a look at...

BTCV handbooks from BTCV, 36 St Mary's Street, Wallingford, OX10 0EU

Mindstretchers Catalogue, Muddy Puddles Catalogue, Raindrops Catalogue

Video Links for Forest school:

Teachers TV - Outdoor Learning with Forest School
<http://youtu.be/tizFfU43wuQ>

Neroche Forest School
<http://youtu.be/o8sj1HrZ7Nk>

CLR You Tube Video Links:

Amy's story: <https://www.youtube.com/watch?v=Vb-QQ9TJAG4>
Zeb's story: <https://www.youtube.com/watch?v=FHPpKpxzRJg>