



Permaculture for Health Practitioners

Transform Your Site Using Permaculture Principles

One-Day CPD course with Lusi Alderslowe and Lexington Love

Healing Through Design.

Permaculture Approaches for Health Practitioners.

A one-day CPD exploring how permaculture principles can support health, wellbeing and community resilience in professional settings and how you can transform your own site.

This course introduces health practitioners to permaculture as a regenerative framework for wellbeing. Through experiential activities, discussion, outdoor exploration and reflection, you'll discover tools and perspectives that enhance resilience, balance and whole-systems thinking in your work.



Limited Offer. Use Code:

FLYER10 for £10 off

Ts and Cs: Valid until 11th September 2026 only. One coupon per user. Limited coupons available. Exclusions apply.



Monday 14 September 2026

9.30am–4.00pm

£85 Limited places



**Maybridge Keystone Club,
Coring-by-Sea, Worthing, BN12 6JD**

A beautiful outdoor site which is wheelchair accessible



BOOK YOUR PLACE

circleofliferediscovery.com

Permaculture for Health Practitioners – Supporting your practice to flourish

with Lusi Alderslowe and Lexington Love



Why this day matters

Health systems face increasing pressure, and many practitioners are seeking ways to **support wellbeing that bring resilience, balance and connection** into their work.

Permaculture offers a whole-system framework rooted in ethics and observation of living systems. This CPD day blends theory with hands-on ideas and outdoor exploration, helping you integrate permaculture thinking into your professional context.

What you'll experience

- 🌿 An introduction to permaculture ethics and principles from a health perspective
- 🌿 Activities that invite reflection on wellbeing, environment and client care
- 🌿 Discussion and practical ideas for designing supportive spaces
- 🌿 Outdoor time to notice, explore and connect with natural systems

You'll leave with

- 🌿 A clear understanding of how permaculture can enhance your work
- 🌿 Practical tools for resilience, balance and community connection
- 🌿 Fresh perspectives on sustainability and system change
- 🌿 Ideas you can bring straight into your professional role

This course is ideal for therapists, counsellors, health coaches, social prescribers, nurses, GPs, community workers and anyone interested in regenerative approaches to health and wellbeing.



Visit: circleofliferediscovery.com/cpd-training/permaculture-for-health-practitioners/

Circle of Life Rediscovery (CIC)

Nature-based learning, healing and connection

